

**Pushing Another Boundary**  
Britney Spears' third song to debut at #1 is entitled "3". The young mother of two is promoting sex threesomes. It's on the radio now.

Three is a charm.  
Two is not the same.  
I don't see the harm.  
So are you game?  
Not only you and me.  
Countin' – 1, 2, 3  
Peter, Paul & Mary.  
Gettin' down with 3P.  
Everybody loves 1, 2, 3.  
What we do is innocent  
Just for fun and nothin' meant.  
If you don't like the company  
Let's just do it, you and me.  
You and me...Or three....  
Or four....- On the floor!

*Gossip Girl*, the top rated TV show among teen females, also pushed threesomes on their November 9<sup>th</sup> and 16<sup>th</sup> shows. They promote it as a "must do" while in college.



## Safe or Sorry



Is this pretty, pink, petite pill the way to keep teenage girls from having babies?

### Is it effective?

It's claimed to be [99% effective](#). In the lab the pill fails in only 1% of all cases. In real life it fails 12.9% of the time because of human error. It fails even more often if you are 19 or younger or if you have been using the pill for less than two years. When it fails, [half](#) of the users believe they are using the contraceptive correctly.

### Is it safe?

Endocrinologist Dr. Maria Kraw noted at the 2006 Humanae Vitae Conference in Ottawa, Canada, that one of the major risks of taking hormonal contraceptives is an increased risk of cancer. Looking at

54 studies of the pill, she noted that researchers found use of the pill [increased the risk](#) of breast cancer by 24%. The progestin-only pill causes a three-fold increase in diabetes, while the depo-provera injection causes a 60% increase.

*The Journal of Obstetrics and Gynecology* states that the newest version of the contraceptive pill increases the risk of heart disease. Citing a study by the Udine University Department of Biomedical Science and Technology, the article concluded that "third-generation" oral contraceptives elevate the levels of "C-reactive protein" in women. Pill users are four times more likely to have high levels of this protein in their bodies, "posing a high risk of cardiovascular disease."

What most women don't realize is that when using chemical "contraceptive" products, many women's ovaries continue to release eggs. They actually get pregnant with a child who is as complete genetically

as he or she will ever be throughout life, but the chemicals prevent the fertilized egg from attaching to the uterus, thus killing the unborn child.

Finally, the pill does nothing to protect anyone from sexually transmitted diseases.

Sorry, but the pill is not safe.

By Stephanie Hanlon  
and Clare Kolar



The Only Safe Oral Contraceptive.

*There is nothing safe about sex. There never will be.*  
~ Norman Mailer

**Three in ten** teenage girls (31%) become pregnant before they reach the age of 20.

**One in two** sexually active youth will contract a sexually transmitted disease by age 25.

**Half** of all unintended pregnancies in the USA end in an abortion.

# THE HISTORY OF YOUTH CULTURE

## PART 3: SEX AND SINGLES

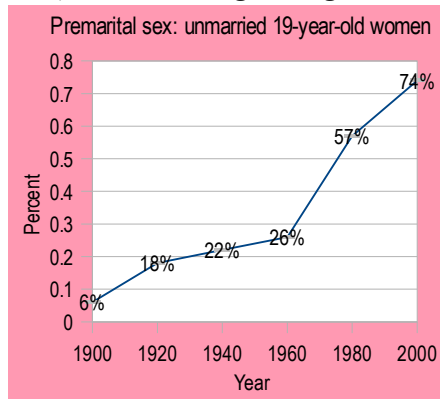
### 1900

At the turn of the 20<sup>th</sup> century 94% of American women entered their first marriage as virgins. By 1990 only [26%](#) of them did. Why? This article notes some of the key agents of change in sexual behavior.

### 1910

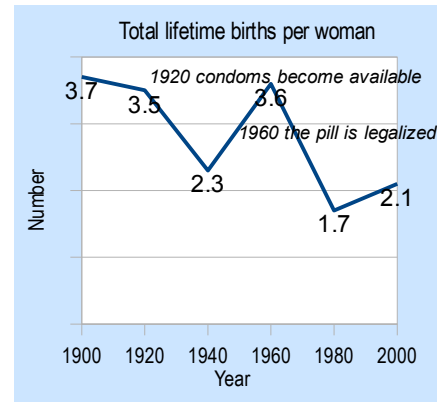
**Recreational dating** (socializing and some form of sexual relating) began replacing **courtship** (a way to find marriage partner). Most adults opposed dating, seeing it as a form of prostitution: the boy paid for a date and in return he received some form of sexual favor.

Although dating did not necessarily lead to marriage, an exclusive relationship was still expected. **Going steady** was coined as the term for this in 1905. Dating led to more serious sexual relating the longer the relationship went on. Keeping sex just for marriage lost ground.



### 1920

The lack of effective **conception control** was a great premarital sex deterrent until [1919](#) when latex condoms were first mass produced. In 1916 Margaret Sanger started the first birth control clinic.



### 1950

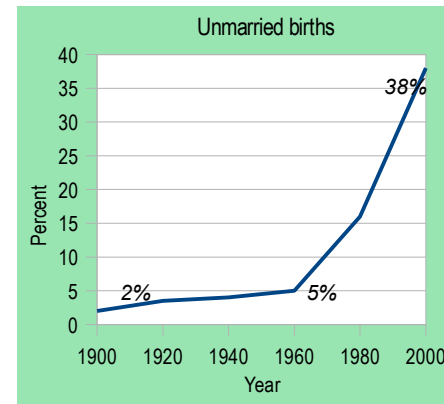
In 1948 Alfred Kinsey published a report on human sexuality in which he promoted homosexuality and promiscuity on the basis that they were normal and prevalent. (The research has since then been shown to be dubious.) Masters and Johnson followed this in the late 50s with a series of clinical studies in laboratory settings on sexual response. Their report became a best-seller. The media lost its self restraint about discussing sex.

In December of 1953 Hugh Hefner began the publication of *Playboy Magazine* using the already-famous

Marilyn Monroe as the cover girl. In the same year Ian Fleming wrote the first James Bond novel. Promiscuous bachelorhood had its promoter and its icon.

### 1960

The next big change in human ability to control reproduction came in 1960 when the Food and Drug Administration approved the use of the birth control pill. It coincided with a new feminism that promoted premarital sex for single women via books such as *Sex and the Single Girl* (1962) authored by Helen Gurley Brown, the eventual editor of *Cosmopolitan* magazine.



### 1970

The sexual revolution went mainstream among youth in the 70s. In 1972 the U.S. Supreme Court decided that birth control measures were to be made legal for **unmarried** women. Teenage

girls went on the pill. In 1973 the Supreme Court legalized abortion, removing one of the last social deterrents to premarital sex.

### Since then

[Cohabitation](#) grew from .2% of all couples to 7.1% between 1960 and 2000. What was once rare is now typical among youth with [54%](#) of those who marry cohabiting first. Unfortunately for them, it also [doubles](#) the risk of divorce.

In 100 years the sexual practices of youth have changed dramatically — probably more than in any other area in youth culture. Although youth were quickest to change, they adopted the new morality because a few adults were pushing to change the world's approach to sex. They haven't finished.

It would be a great help to us if all recipients of the newsletter could give us some simple feedback. It will take 30 seconds right now at: [bit.ly/Ksurvey1](http://bit.ly/Ksurvey1)

Do you know? You can find any past newsletter article on any subject quickly and simply. Just google: *kairos youth culture newsletter* and a search word.

Past newsletters are available at: [kairos-na.org/newsletterarchives.htm](http://kairos-na.org/newsletterarchives.htm).